

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# September 2023

## Boyson Heights: Memory Support

<p><b>3</b></p> <p>9:00 Sit and Be Fit 10:00 Gospel Music 1:15 Color &amp; Create 3:30 Tunes &amp; TV</p>	<p><b>4</b></p> <p>9:00 Walking Club 11:00 Coffee &amp; Conversation 1:00 Let's Paint 2:45 Bingo</p> <p>Labor Day</p>	<p><b>5</b></p> <p>9:00 Move &amp; Groove 11:00 Tic-Tac-Toe 1:00 Ping Pong 2:45 Bingo</p>	<p><b>6</b></p> <p>9:00 Walking Club 11:00 Manicures 1:00 Connect Four 2:45 Music Sing Along</p>	<p><b>7</b></p> <p>9:00 Move &amp; Groove 11:00 Color &amp; Create 1:00 Alphabet Game 2:45 Balloon Toss</p>	<p><b>8</b></p> <p>9:00 Coffee &amp; Conversation 11:00 Patio Time 1:00 UNO 3:00 Music by Flip Side</p>	<p><b>9</b></p> <p>9:00 Sit and Be Fit 10:00 Patio Time 1:30 Music Sing Along 3:00 Movie!</p>
<p><b>10</b></p> <p>9:00 Sit and Be Fit 10:00 Gospel Music 1:15 Connect Four 3:30 Tunes &amp; TV</p> <p>Grandparents Day</p>	<p><b>11</b></p> <p>9:00 Walking Club 11:00 Manicures 1:00 Who Am I? 2:45 Bingo</p>	<p><b>12</b></p> <p>9:00 Move &amp; Groove 11:00 Dominoes 1:00 Ping Pong 2:45 King's Corners</p>	<p><b>13</b></p> <p>9:00 Walking Club 11:00 Name 3 Things 1:00 Puzzles 2:45 Craft of Choice</p>	<p><b>14</b></p> <p>9:00 Move &amp; Groove 11:00 Cribbage 1:00 Fidget Box 2:45 Dominoes</p>	<p><b>15</b></p> <p>9:00 Coffee &amp; Conversation 11:00 Connect Four 1:00 Music Sing Along 2:00 Tailgate Party!</p> <p>Rosh Hashanah Begins</p>	<p><b>16</b></p> <p>9:00 Sit and Be Fit 10:00 Coffee &amp; Conversation 1:30 Noodle Ball 3:00 Movie!</p> <p>Oktoberfest Begins</p>
<p><b>17</b></p> <p>9:00 Sit and Be Fit 10:00 Gospel Music 1:15 Dominoes 3:30 Tunes &amp; TV</p>	<p><b>18</b></p> <p>9:00 Walking Club 11:00 Patio Time 1:00 Balloon Tennis 2:45 Bingo</p>	<p><b>19</b></p> <p>9:00 Move &amp; Groove 11:00 Travel &amp; Share 1:00 Patio Time 3:00 September Birthday Party!</p>	<p><b>20</b></p> <p>9:00 Walking Club 11:00 Headbands 1:00 Badminton 2:45 Let's Paint!</p>	<p><b>21</b></p> <p>9:00 Move &amp; Groove 11:00 What Am I? 1:00 Bingo 2:45 Balloon Tennis</p>	<p><b>22</b></p> <p>9:00 Coffee &amp; Conversation 11:00 Noodle Ball 1:00 Craft of Choice 3:00 Music Sing Along</p>	<p><b>23</b></p> <p>9:00 Sit and Be Fit 10:00 Bingo 1:30 Badminton 3:00 Movie!</p> <p>Autumn Begins</p>
<p><b>24</b></p> <p>9:00 Sit and Be Fit 10:00 Gospel Music 1:15 Left-Right-Center 3:30 Tunes &amp; TV</p> <p>Yom Kippur Begins</p>	<p><b>25</b></p> <p>9:00 Walking Club 11:00 Color &amp; Create 1:00 King's Corners 2:00 Cooking Demo W/Chef Jacob</p>	<p><b>26</b></p> <p>9:00 Move &amp; Groove 11:00 Can You Picture This? 1:00 Patio Time 2:45 Table Tennis</p>	<p><b>27</b></p> <p>9:00 Walking Club 11:00 Who Am I? 1:00 Puzzles 2:45 Color &amp; Create</p>	<p><b>28</b></p> <p>9:00 Move &amp; Groove 11:00 Puzzles 1:00 Let's Paint 2:45 Manicures</p>	<p><b>29</b></p> <p>9:00 Coffee &amp; Conversation 11:00 Walking Club 1:00 Noodle Ball 3:00 Music Sing Along</p> <p>Sukkot Begins</p>	<p><b>30</b></p> <p>9:00 Sit and Be Fit 10:00 UNO 1:30 Noodle Ball 3:00 Movie!</p>

Activities are Subject to Change