

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2023

## Boyson Heights

|   |   |  |  |   |   |   |   |
|---|---|--|--|---|---|---|---|
|   |   |  |  |   |   | 1<br>10:00 Move & Grove<br>10:30 Five Crowns<br>1:00 Shuffleboard<br>2:00 Wine Club<br>3:15 Music by Dave Wirtz | 2<br>10:00 Exercise of Choice<br>10:30 Dominoes<br>1:30 UNO |
| 3<br>8:30 & 10 Online Church Service<br>10:00 St. Pius Communion<br>2:00 Dominoes         | 4<br>10:00 Move & Grove<br>10:30 Phase 10<br>1:30 Five Crowns<br>3:30 Dominoes  | 5<br>10:00 Walk N' Roll<br>10:15 Hy-Vee<br>1:00 King's Corners<br>2:30 Balloon Tennis<br>3:00 Scenic Drive   | 6<br>10:00 Exercise W/Millennium Therapy<br>11:00 <b>Finer Foods</b><br>Club: Pines Pizza & Pub<br>1:30 Dollar General<br>3:00 Bible Study | 7<br>10:00 Move & Grove<br>10:30 Ambassador Meeting<br>1:30 Bingo<br>2:30 Walking Club<br>3:00 Manicures                              | 8<br>10:00 Move & Grove<br>10:30 Phase 10<br>1:00 Dominoes<br>2:00 Wine Club<br>3:00 Five Crowns                                  | 9<br>10:00 Exercise of Choice<br>10:30 Phase 10<br>2:30 Dominoes  |   |
| Labor Day   |   |  |  |   |   |   |   |
| 10<br>8:30 & 10 Online Church Service<br>10:00 St. Pius Communion                         | 11<br><b>Music Monday!</b><br>10:00 Move & Grove<br>10:30 Music by Janet Lieb<br>1:30 Marci Memorable<br>3:00 Music by Lena Adams         | 12<br><b>Movie Day!</b><br>10:00 Rock N' Roll<br>10:30 Five Crowns<br>1:30 Movie Trivia<br>2:30 <b>Movie!</b><br>7:30 <b>Outdoor Movie:</b> Hairspray! | 13<br><b>Reflecting on the Past</b><br>10:00 Exercise W/Millennium Therapy<br>10:30 Outing: Amanas<br>3:00 Reflecting on the Past          | 14<br><b>Game Day!</b><br>10:00 Move & Grove<br>10:30 Five Crowns<br>1:15 Bingo<br>2:30 Phase 10<br>5:30 <b>Outing:</b> Kernel's Game | 15<br><b>Tailgate Friday!</b><br>10:00 Move & Grove<br>10:30 Shuffleboard & Pool<br>1:00 Ladder Ball<br>2:00-4:00 Tailgate Party! | 16<br>10:00 Exercise of Choice<br>10:30 Five Crowns<br>2:30 King's Corners                                      |   |
| Grandparents Day  |   |  |  |   | Rosh Hashanah Begins  |   | Oktoberfest Begins  |
| 17<br>8:30 & 10 Online Church Service<br>10:00 St. Pius Communion<br>2:30 Popcorn & Movie | 18<br>10:00 Move & Grove<br>10:30 Bingo<br>1:00 <b>Video:</b> Milan<br>2:00 Card Club<br>3:30 Root Beer Floats                            | 19<br>10:00 Walk N' Roll<br>10:15 Walmart<br>1:00 Manicures<br>2:30 Balloon Tennis<br>3:00 September Birthday Party!                                   | 20<br>10:00 Exercise W/Millennium Therapy<br>11:00 <b>Finer Foods</b><br>Club: Hwy 30 Diner<br>1:30 Dollar General<br>3:00 Bible Study     | 21<br>10:00 Exercise W/Millennium Therapy<br>10:30 Tenant Council Meeting<br>1:30 Bingo<br>2:30 Walking Club<br>3:00 UNO              | 22<br>10:00 Move & Grove<br>10:30 Phase 10<br>1:00 Dominoes<br>2:00 Wine Club<br>3:00 Music by Flip Side                          | 23<br>10:00 Exercise of Choice<br>10:30 Five Crowns<br>2:30 King's Corners                                      |   |
| Autumn Begins   |   |  |  |   |   |   |   |
| 24<br>8:30 & 10 Online Church Service<br>10:00 St. Pius Communion<br>2:00 Phase 10        | 25<br>10:00 Move & Grove<br>10:30 Bingo<br>1:00 <b>Video:</b> Meet me in Milan<br>2:00 Cooking Demo W/Chef Jacob<br>3:30 Ice Cream Social | 26<br>10:00 Walk N' Roll<br>10:15 Hy-Vee<br>1:00 King's Corners<br>2:30 Balloon Tennis<br>3:00 Scenic Drive  | 27<br>10:00 Exercise W/Millennium Therapy<br>10:00 <b>Outing:</b> Riverside Casino<br>3:00 Bible Study                                     | 28<br>10:00 Exercise W/Millennium Therapy<br>10:30 Five Crowns<br>1:30 Bingo<br>2:30 Walking Club<br>3:00 Manicures                   | 29<br>10:00 Move & Grove<br>10:30 Five Crowns<br>1:00 Shuffleboard<br>2:00 Wine Club<br>3:00 Oktoberfest Party!                   | 30<br>10:00 Exercise of Choice<br>10:30 Dominoes<br>2:30 Five Crowns  |   |
| Yom Kippur Begins   |   |  |  |   |   | Sukkot Begins   |   |

Activities are Subject to Change