

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**FEBRUARY 2024**  
**Boyson Heights: Memory Support**

<p><b>4</b></p> <p>9:00 Sit and Be Fit  10:00 Gospel Music  1:15 Left-Right-Center  3:30 Tunes &amp; TV</p>	<p><b>5</b></p> <p>9:00 Walking Club  10:30 King's Corners  1:00 Balloon Tennis  2:45 Bingo!</p>	<p><b>6</b></p> <p>9:00 Move &amp; Groove  10:30 King's Corners  1:00 Balloon Tennis  2:45 Bingo!</p>	<p><b>7</b></p> <p>9:00 Walking Club  10:30 Manicures  1:00 Question Ball  2:45 Movie!</p>	<p><b>8</b></p> <p>9:00 Move &amp; Groove  10:30 Puzzles  1:00 Let's Paint  2:45 Bingo!</p>	<p><b>1</b></p> <p>9:00 Coffee &amp; Conversation  11:00 Noodle Ball  1:00 Let's Paint  3:30 Music by Dave Wirtz</p> <p>Groundhog Day</p>	<p><b>2</b></p> <p>9:00 Sit and Be Fit  10:00 Coffee &amp; Conversation  1:30 Noodle Ball  3:00 Movie!</p> <p><b>3</b></p>
<p><b>11</b></p> <p>9:00 Sit and Be Fit  10:00 Gospel Music  1:15 Connect Four  3:30 Tunes &amp; TV</p>	<p><b>12</b></p> <p>9:00 Walking Club  10:30 Dominoes  1:00 Balloon Tennis  2:45 Bingo!</p>	<p><b>13</b></p> <p>9:00 Move &amp; Groove  10:30 Can You Picture This?  1:00 Table Tennis  3:00 <b>Mardi Gras Party!</b></p> <p>Mardi Gras</p>	<p><b>14</b></p> <p>9:00 Walking Club  10:30 Valentine Coloring &amp; Create  1:30 Valentine's Party  2:45 Movie!</p> <p>Valentine's Day</p>	<p><b>15</b></p> <p>9:00 Move &amp; Groove  10:30 What Am I?  1:00 Music Sing Along  2:45 Manicures</p>	<p><b>16</b></p> <p>9:00 Coffee &amp; Conversation  11:00 Noodle Ball  1:00 Cribbage  3:30 Music by Terry McCauley</p>	<p><b>10</b></p> <p>9:00 Sit and Be Fit  10:00 Coffee &amp; Conversation  1:30 Badminton  3:00 Movie!</p> <p>Chinese New Year (Year of the Dragon)</p> <p><b>17</b></p> <p>9:00 Sit and Be Fit  10:00 Coffee &amp; Conversation  1:30 Music Sing Along  3:00 Movie!</p>
<p><b>18</b></p> <p>9:00 Sit and Be Fit  10:00 Gospel Music  1:15 Dominoes  3:30 Tunes &amp; TV</p>	<p><b>19</b></p> <p>9:00 Walking Club  10:30 Manicures  1:00 Balloon Tennis  2:45 Bingo!</p> <p>Presidents' Day</p>	<p><b>20</b></p> <p>9:00 Move &amp; Groove  10:30 Dominoes  1:00 Balloon Tennis  2:45 Bingo!</p>	<p><b>21</b></p> <p>9:00 Walking Club  10:30 Headbands  1:00 Badminton  2:45 Left-Right-Center</p>	<p><b>22</b></p> <p>9:00 Move &amp; Groove  10:30 Cribbage  1:00 Alphabet Game  2:45 Bingo!</p>	<p><b>23</b></p> <p>9:00 Coffee &amp; Conversation  11:00 Noodle Ball  1:00 Left-Right-Center  3:00 Music Sing Along</p>	<p><b>24</b></p> <p>9:00 Sit and Be Fit  10:00 Coffee &amp; Conversation  1:30 Craft of Choice  3:00 Movie!</p>
<p><b>25</b></p> <p>9:00 Sit and Be Fit  10:00 Gospel Music  1:15 Color &amp; Create  3:30 Tunes &amp; TV</p>	<p><b>26</b></p> <p>9:00 Walking Club  10:30 Manicures  1:00 Dominoes  3:00 February Birthday Party!</p>	<p><b>27</b></p> <p>9:00 Move &amp; Groove  10:30 Left-Right-Center  1:00 Balloon Tennis  2:45 Bingo!</p>	<p><b>28</b></p> <p>9:00 Walking Club  10:30 Who Am I?  1:00 Connect Four  2:45 Music Sing Along</p>	<p><b>29</b></p> <p>9:00 Move &amp; Groove  10:30 Connect Four  1:00 Puzzles  2:45 Bingo!</p>		

Activities are Subject to Change